



WHO PROMOTES SIERRA ESPUÑA?

Espusendas is a selection of natural routes offered and designed by Espuña Turística, in conjunction with the Association of Business Tourism of Sierra Espuña. Its objectives are to publicise the offerings available to tourists visiting Sierra Espuña and promote the activities and opportunities linked to Sierra Espuña - in particular, conservation. It also aims to establish the Regional Park of Sierra Espuña as a key destination for Ecotourism in the Region of Murcia. Most of its partners are subscribers to the European Charter for Sustainable Tourism (CETS).

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SIERRAESPUNA.COM



THE MOST BEAUTIFUL ROUTES OF THE SIERRA ESPUÑA TERRITORY

701 THE UMBRÍA DEL BOSQUE, NORTH-FACING SLOPE OF ESPUÑA

A perfect opportunity to get to know the magnificent forest on the northern boundary of Sierra Espuña. The route goes around the remarkable Goat and Stag mountain range. It begins and ends in Casas Nuevas. Use the approved PR-MU 78 path.

DISTANCE:	16.9 KM
TIME:	5.5 HOURS
ELEVATION :	320 M
DIFFICULTY:	MEDIUM
TYPE:	CIRCULAR

702 THE PINAR OF LAS ALQUERÍAS

Leaving from the Nature Classroom "Las Alquerías", through the approved trails PR-MU 60, 60.1 and 61, the slopes of the Ballesteros ravine, the Pilón viewpoint and the south face of the Albaricoqueros hill are all filled with stunning views. Flora and forest are in abundance.

DISTANCE:	9.5 KM
TIME:	3.5 HOURS
ELEVATION :	500 M
DIFFICULTY:	LOW-MEDIUM
TYPE:	CIRCULAR

703 PEDRO LÓPEZ, THE SECOND SUMMIT OF ESPUÑA

A great hiking and mountaineering route through one of the most splendid summits of Sierra Espuña. It enjoys an altitude of 1,568 metres and includes outstanding sites such as Pozos de la Nieve (Wells of the snow), Cuerda de Pinos Blancos (White pine trees rope), Cuevas de la Plata (Silver caves) and the forest house of La Carrasca. Use trails PR-MU 63 and 63.1.

DISTANCE:	16 KM
TIME:	5.5 HOURS
ELEVATION :	610 M
DIFFICULTY:	MEDIUM
TYPE:	CIRCULAR

704 FROM EL BERRO TO CASA LEYVA

From this beautiful mountain village, the route goes into the central area of Espuña. It crosses large expanses of pine trees and incorporates locations as unique as Leyva House, the old Tuberculosis Sanatorium and the entrance to the Leyva Valley. Use trails PR-MU 79 and 41 and GR-252.

DISTANCE:	11.6 KM
TIME:	3.5 HOURS
ELEVATION :	300 M
DIFFICULTY:	LOW
TYPE:	CIRCULAR

705 THE VERACE OF THE AZAGADORES

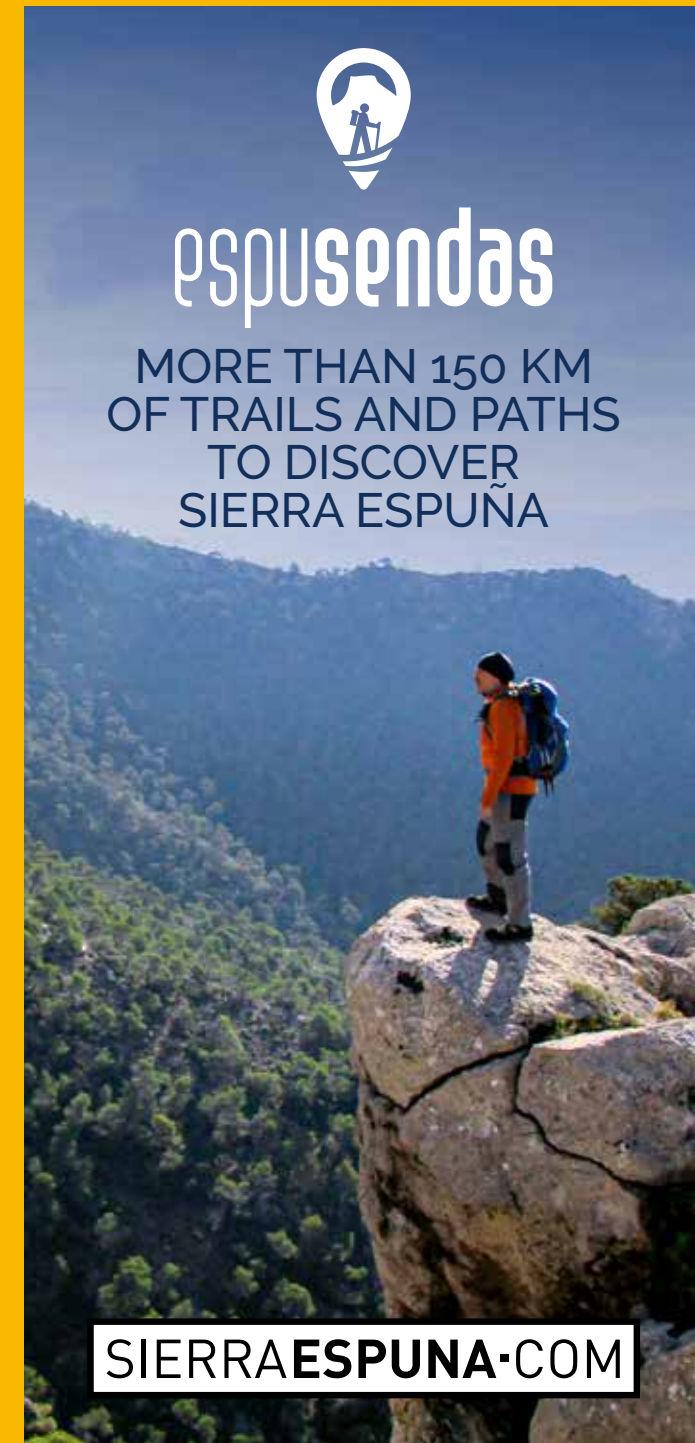
A totally different geological experience. The PR-MU 92 offers a magnificent opportunity to enter the eye-catching lunar landscape of the protected area of Barranco de Gebas. The area connects the rural lodgings and restaurants of Gebas village through to the deep loamy ravines, which are carved into a variety of rock and mineral deposits, to the tip of the Algeciras reservoir.

DISTANCE:	13.5 KM
TIEMPO:	4 HOURS
ELEVATION :	290 M
DIFFICULTY:	LOW
TYPE:	CIRCULAR

+rutas OTHER TRAILS

Fuente Alta, El Cairel, Malvariche, Cejo de las Palomas, El Purgatorio, Gebas or La Muela de Alhama are places where you will find a diverse number of paths. There are also long-distance trails which run along Espuña and link it with other destinations. Both types of trails (short and long-distance) will be incorporated into this project.

You can find more information about Sierra Espuña in sierraespuna.com or at the tourist information offices in the towns close to the Park.

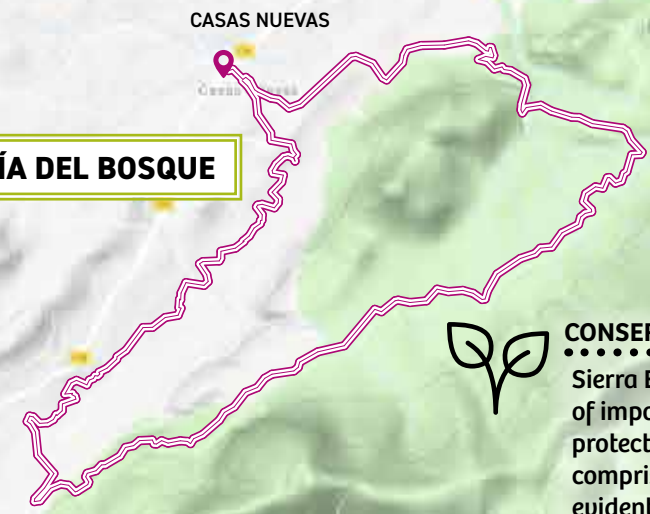


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01. THE UMBRÍA DEL BOSQUE



BEAUTIFUL LANDSCAPES
Routes throughout Espuña hold a special appeal for visitors. They offer a natural, historic, and authentic environment in abundance to be experienced across an expansive area. Features such as peaks, slopes, ravines, rocks, plains, Mediterranean forest, woodlands, shrub and meadows are some of the many elements that makes this natural park one of the most stunning in the Region of Murcia.



CASAS NUEVAS

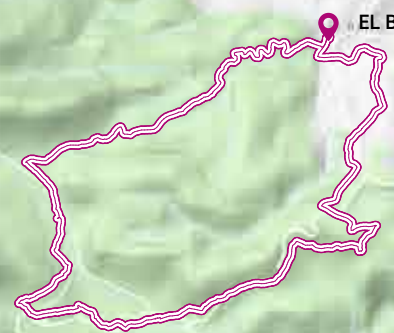


CONSERVATION
Sierra Espuña is a Regional Park, a site of importance to the community and a protected area for birds. A rich legacy, comprising centuries of natural life is evident in this magnificent territory that exists for all to enjoy. The positive action taken by mankind has helped to preserve the richness of nature's beauty which remains evident throughout the Park. Espusendas shares this splendour with you, in the hope that visitors will respect its significance and contribute to the conservation of this stunning environment.



APPROVED TRAILS
The quality of the routes is preserved through consistent maintenance. The displayed red/white, yellow/white and green/white markers are exhibited to provide assistance and direction. We provide information about the GR (long-distance), PR (short-distance) and SL (Local) footpaths which are registered trademarks and approved by the federations of mountaineering: FEDME and FMRM.

04. FROM EL BERRO TO CASA LEYVA



EL BERRO



PREPARE
Preparation is always required prior to a mountain walk. Practical preparation and knowledge involving the ascent, descent and weather conditions are all necessities. Visitors often underestimate the level of preparation required; therefore, it is always best to do your research or speak to the experts. We can give you the necessary information so that you can choose the best route to suit your personal needs and physical ability.



YOUR GUIDE AWAITS OR TAKE THE LEAD
There are different ways of enjoying the amazing experience that awaits you – by road in your car or, if you really want to understand everything around you, use a skilled and experienced guide. Learn about all aspects of this unique area from guides who are available on all routes. Simply pre-book the services of an expert guide to enrich your exciting activity.

05. THE VERACE OF THE AZAGADORES



CIRCULAR ROUTES
We test the suggested routes from start to finish with the sole purpose of ensuring that you enjoy the most suitable route for you. Whenever possible, routes start and end at the same point. We advise on the proximity and location of accommodation, restaurants, towns and points of interest. If applicable, we include where support or assistance points can be found.

03. PEDRO LÓPEZ



Collado Mangueta

02. THE PINAR OF LAS ALQUERÍAS



Las Alquerías

A first class network of routes offering a choice of distances and levels of difficulty. Explore our Regional Park, rich in Bio- and Geo- diversity that also provides excellent sporting challenges and photographic opportunities for anyone with an educational interest or curiosity to learn.

